

AS OF APRIL 29, 2020

1,226 CONFIRMED CASES

89 DECEASED

606 RECOVERED



Up Next on Lift Up Lou
THURSDAY, APRIL 30

9 AM - FITNESS:

Cardio and Core with Coach Suz
Live the Adventure Fitness

11 AM - LEARNING:

Create Your Own Marbled Paper
Sons of the American Revolution

3 PM - ARTS AND ENTERTAINMENT:

Artist Tracy Pennington - Lou. Arts Network
Mini Mozarts - KY Performing Arts

7 PM - MINDFULNESS:

Kitchen & Cooking Basics
Dietician Carrie Kirkland

WATCH LIVE AT >> [FACEBOOK.COM/LIFTUPOU](https://www.facebook.com/liftuplou)

